

# Guide to Essential Services

## Missouri State Government Agencies

Agriculture .....	573-751-4211
Conservation .....	573-751-4115
Corrections .....	573-751-2389
Economic Development .....	573-751-4962
Elementary & Secondary Education.....	573-751-4212
Health & Senior Services .....	573-751-6400
Higher Education & Workforce Dev. ....	573-751-2361
Commerce & Insurance .....	573-751-4126
Labor & Industrial Relations .....	573-751-4091
Mental Health .....	573-751-4122
Natural Resources.....	573-751-3443
Public Safety.....	573-751-4905
Revenue .....	573-751-4450
Social Services .....	573-751-4815
Transportation .....	888-275-6636

## Food

Hunger Hotline.....	866-348-6479
Operation Food Search .....	314-726-5355
SNAP (Food Stamps).....	855-373-4636
Meals on Wheels .....	314-374-9549
CAASTLC Food Pantry .....	314-863-0015

## Health Care

CLAIM.....	800-390-3330
• <i>Medicare questions</i>	
MO HealthNet (Medicaid).....	573-751-3452
Cover MO .....	800-466-3213
• <i>ACA marketplace enrollment</i>	
Rx Outreach .....	888-796-1234
Medicine Assistance Tool .....	888-477-2669
St. Louis HELP .....	314-240-0796
• <i>Medical Equipment Lending Program</i>	
St. Louis Diaper Bank.....	314-624-0888
St. Louis County Public Health Dept. ....	314-615-0600
• <i>Low-cost health and dental services, immunizations, STI and pregnancy testing, lead screening</i>	
Centers for Disease Control (CDC).....	800-232-4636
Provident Behavioral Health.....	314-647-4357
• <i>Mental health services and crisis intervention</i>	
Behavioral Health Response.....	800-811-4760
• <i>Mental health services, mobile crisis intervention</i>	

## Housing

Emergency Shelter Hotline.....	314-802-5444
United Way of Greater St. Louis.....	314-421-0700
• <i>Rent/mortgage assistance, shelter referral</i>	
St. Louis County Housing Authority .....	314-428-3200
• <i>Housing Choice Voucher Program</i>	
CAASTLC Housing Assistance.....	314-863-0015
• <i>Rent/mortgage/down payment assistance</i>	
Equal Housing & Opportunity Council ...	314-534-5800
• <i>Housing discrimination investigations, landlord/tenant rights</i>	

## In Times of Need

### Crisis hotlines and services for immediate assistance

Suicide Prevention.....	800-273-8255
Child Abuse & Neglect.....	800-392-3738
Adult Abuse & Neglect.....	800-392-0210
Domestic Violence .....	800-799-7233
Sexual Assault .....	800-656-4673
Women's Safe House .....	314-772-4535
Human Trafficking.....	888-373-7888
Human Rights Complaint.....	877-781-4236
National Runaway Safeline .....	800-786-2929
School Violence .....	866-748-7047
Veterans Crisis .....	800-273-8255
FEMA.....	800-621-3362

## Financial Assistance

TANF/Family Services .....	855-373-4636
Social Security (SSI/SSDI).....	800-772-1213
• <i>Eligibility, application assistance</i>	
Employment Security.....	800-320-2519
• <i>Unemployment &amp; workers compensation claims</i>	
Missouri Jobs Center.....	314-615-6010
• <i>Hiring events, workshops, job listings</i>	
Child Care Assistance .....	855-373-4636

## Seniors

Aging Ahead .....	636-207-0847
STL County Older Residents Program ...	314-615-4516
• <i>Transportation, home visits, tax assistance, wellness activities</i>	
MO Rx .....	800-392-2161
• <i>Help with prescription drug copayment costs</i>	
Long-term Care Ombudsman.....	800-309-3282
AARP Missouri .....	866-389-5627
Alzheimer's Association.....	800-272-3900

## Veterans

VA Benefits .....	800-827-1000
VA Hospital (St. Louis).....	314-652-4100
Missouri Veterans Home (St. Louis).....	314-340-6389
Missouri Veterans Commission .....	573-751-3779
Kaufman Legal Fund for Veterans.....	314-753-8355
Disabled American Vets Ride Service ....	314-289-6443

## Disability Services

Paraquad.....	314-289-4200
Assistive Technology .....	816-655-6700
Delta Center for Independent Living.....	636-926-8761

Starkloff Disability Institute .....314-588-7090  
• *Career and workplace support*  
STL County ADA Coordinator .....314-615-5429

### Consumer Protection

No-Call List .....866-289-9633  
• *Register your number*  
Vulnerable Citizens Services Hotline.....855-653-7300  
Consumer Fraud Complaints.....800-392-8222  
Better Business Bureau.....314-645-3300  
• *File a complaint, scam alerts, leave a review*

### Legal

Legal Services of Eastern MO .....314-534-4200  
• *Low-cost legal assistance*  
Arch City Defenders .....314-361-8834  
• *Low-cost legal and civil rights assistance*  
Migrant & Immigrant Community Action .314-995-6995  
• *Low-cost immigration legal assistance*  
ACLU of Missouri.....314-652-3114  
The Bar Association.....314-421-4134  
• *Find a lawyer, bankruptcy assistance*

### Transportation

Missouri Driver's License .....573-526-2407  
Missouri Motor Vehicle Registration .....573-526-3669  
OATS Transit (St. Louis County) .....314-888-6720  
Metro Call-A-Ride Reservations .....314-652-3617  
Metro Transit Information.....314-231-2345

### Voting/Elections

St. Louis County Board of Elections .....314-615-1800  
• *Election calendar, voter registration, absentee info*  
Missouri Voter Protection Coalition.....866-687-8683  
Missouri Ethics Commission.....573-751-2020  
• *Ethics complaints, campaign finance/lobbyist info*

### Taxes

St. Louis County Assessor.....314-615-2555  
St. Louis County Board of Equalization .314-615-7195  
• *Property assessment appeals*  
Personal Property Tax Credit.....573-751-3505  
• *Available to low-income seniors and people living with a disability*  
Low-Income Housing Tax Credits .....816-759-6696

### Utilities

St. Louis County Trash Pickup .....314-615-4285  
Ameren Missouri.....800-552-7583  
Spire .....800-887-4173  
Missouri American Water.....866-430-0820  
Metro St. Louis Sewer District .....314-768-6260  
CAASTLC Energy & Water Assistance .314-863-0015  
• *Help with utility disconnection*  
LIHEAP .....573-751-6789  
• *Low-Income Home Energy Assistance Program*

## COVID-19 RESOURCES

Department of Health & Senior Services..... [health.mo.gov](http://health.mo.gov)  
DHSS COVID-19 Hotline..... 877-435-8411  
St. Louis County COVID-19 Information.....[stlcorona.com](http://stlcorona.com)  
St. Louis County COVID-19 Hotline .....314-615-2660  
U.S. Centers for Disease Control and Prevention..... [cdc.gov](http://cdc.gov)  
Unemployment Insurance.....[labor.mo.gov](http://labor.mo.gov), 314-340-4950

