

House Resolution No. 3535

**Whereas**, it is with utmost respect that the members of the Missouri House of Representatives pause in their daily legislative endeavors in order to recognize those Show-Me State residents who truly embody the concept of "Outstanding Missourian" through their deeds and achievements; and

**Whereas**, John Howard of Springfield, Missouri, has attained considerable distinction as a United States Cycling Hall of Fame member, racer, coach, and cycling journalist; and

**Whereas**, on May 14, 2007, John Howard will meet with state legislators in the Missouri House of Representatives to receive well-deserved honors and accolades for the exemplary role he has performed in Missouri as a community leader; and

**Whereas**, John Howard prepared for his lifelong endeavors by graduating from Glendale High School and attending what is now known as Missouri State University before halting his education in order to compete in the Olympics; and

**Whereas**, a three-time Olympian cyclist, John Howard was a member of the United States National Team for ten years, is an eighteen-time USCF and Norba Elite and Masters National Champion, earned National Titles in road, time trial, cyclo-cross, and MTB events, and is a two-time UCI World Championship medalist; and

**Whereas**, John Howard is the Cycling 24-hour World Record Holder at 539 miles and a former Cycling World Absolute Speed Record Holder at 152.2 miles per hour; and

**Whereas**, author of The Cyclists Companion, Multi-Fitness, Pushing the Limits, and Dirt!, John Howard founded the longest running international program in the Americas: the International Cycling School of Champions; and

**Whereas**, John Howard also has made significant inroads into such sports as the triathlon, for which he is an Ironman Triathlon World Champion:

**Now, therefore, be it resolved** that we, the members of the Missouri House of Representatives, Ninety-fourth General Assembly, join unanimously to applaud the well-deserved selection of John Howard as an "Outstanding Missourian" and to extend to him this legislative body's most heartfelt welcome to the state capitol on May 14, 2007, for special recognition as a guest in the House Chamber; and

**Be it further resolved** that the Chief Clerk of the Missouri House of Representatives be instructed to prepare a properly inscribed copy of this resolution in honor of "Outstanding Missourian" John Howard of Springfield, Missouri.

Offered by \_\_\_\_\_  
Representative Tom Dempsey  
District No. 18

I, Rod Jetton, Speaker of the House of Representatives, Ninety-fourth General Assembly, First Regular Session, do certify that the above is a true and correct copy of House Resolution No. 3535, adopted May 10, 2007.

\_\_\_\_\_  
Rod Jetton, Speaker